

7 PLACES SENIORS CAN CALL *Home*



Today's seniors have plenty of options for aging in style. While staying at home may provide for the most independence, older adults could need more help to remain there. Home care can provide that option.

1

Single family home

According to Home Instead, Inc. research, a third of seniors desire a smaller, low-maintenance home as they age, with 33 percent wanting to move to a condo, apartment or townhome/duplex. However, nearly half (48 percent) still wish for a single family home.

2

A Village

By relying on a mix of paid and volunteer help, village members can organize a menu of assistance similar to what they would receive at a retirement community, but without uprooting their household.

3

Independent Living

Independent living is housing designed exclusively for seniors such as retirement communities, retirement homes, senior housing and senior apartments. This option is generally smaller and more compact with services such as lawn care and snow removal.

4

Residential Care Homes

These homes provide personalized service to small groups of adults. Residential care homes are generally less expensive than skilled or nursing care communities.

5

Continuing Care Retirement Community

These communities provide services throughout the entire spectrum of care from independent living to assisted living to skilled nursing care.

6

Assisted Living

Assisted Living communities are for those who are generally independent but need some assistance. The variety of services includes meals, medication management, bathing, dressing, housekeeping and transportation.

7

Nursing Home or Skilled Nursing Facility

Skilled nursing is for older adults who need 24-hour medically supervised care along with meals and activities.

To discover more options and resources,
go to **HomeYourOwnWay.com**.

